Description of Body Performance

dataset

This is data that confirmed the grade of performance with age and some exercise performance data.

columns

data shape: (13393, 12)

age: 20 ~64gender: F,M

• height_cm: (If you want to convert to feet, divide by 30.48)

weight_kg

• body fat_%

• diastolic : diastolic blood pressure (min)

• systolic: systolic blood pressure (min)

• gripForce

• sit and bend forward_cm

• sit-ups counts

broad jump_cm

• class: A,B,C,D (A: best) / stratified

Source

link (Korea Sports Promotion Foundation)